

BOOK DEBRA SUNDERLAND FOR
YOUR EVENT, RETREAT
CONFERENCE OR PODCAST

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DEBRA SUNDERLAND

TOP RANKED SPEAKER & AUTHOR

Popular Keynotes, Workshops, and Presentations include:

- **END YOUR STRESS NOW: How You Unintentionally Sabotage Your Projects and How to Stop - Learn Conscious Leadership Tools to Change Your Results**
- **WHY WINNING ALMOST KILLED ME: How I Finally Stopped Thinking I Wasn't Enough and Woke Up to the Power of Being Me**
- **END THE STRUGGLE! UNITE YOUR TEAM: How to Use the Enneagram to Grow Your Leadership, Unite Your Team and Build Your Revenue**
- **GENIUS-SHIP®: How to Break Free, Lead In Your Genius, and Raise a Genius Culture**
- **WORKING GENIUS: Understand Your Gifts, Your Frustrations, and Your Team**

BOOK DEBRA SUNDERLAND

"Debra's presentation was engaging, insightful, and added valuable tools that our audience could use daily. We look forward to having her back! You will not be disappointed in hiring Debra for your event." - *Audrey Edwards*



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CRAIN'S
CHICAGO BUSINESS

Debra Sunderland is a Professional Speaker, Author, and Coach. She has shown leaders and their organizations how to create collaborative, vibrant, responsible, and joy-filled cultures, which fosters highly desirable results. Debra has spoken to audiences that include RMB Capital, UBS Wealth Management, Nashville Public Radio, SESAC, Highland Solutions, Brindley Engineering, Mars, Inc., and Vanderbilt University to name a few. Debra is known best for her genius - creating a clear vision and making that vision a reality.

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SUNDERLAND  COACHING

FROM EXCELLENCE TO CONSCIOUS GENIUS-SHIP™



Chicago Tribune



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BOOK DEBRA FOR KEYNOTES, RETREATS AND WORKSHOPS



“Debra is one of the most fluent verbal communicators I have had the pleasure of working with and the tools she provides professionals are **concrete and valuable**. Her retreats are **life-changing** and I don't say that lightly.” - *Jenny Charles*

RECOGNIZED IN THE MEDIA



NYU

CHICAGO
SUN-TIMES

CRAIN'S
CHICAGO BUSINESS



Business
Fit
MAGAZINE

Chicago Tribune



VANDERBILT
UNIVERSITY

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WHAT PEOPLE ARE SAYING ABOUT DEBRA AS A SPEAKER?

"Debra is a **phenomenal** presenter. She can take you out of your comfort zone - but in a manner that makes you genuinely examine the "set-in-your-ways" thinking. And that's how you grow. I found myself really exploring some inner dialogue that was holding me back from exploring my full potential and look forward to continuing that journey. She is **engaging, inspirational, and effective.**" - *Carole Schaeffer*

"Her style is not a lecture on how to change, but **collaborative** work on breaking down habits and conditioning to focus on your ability and choice to be a great leader and teammate. **Extremely valuable** time and experience for leaders and teams." - *Kerry Straub*



ABOUT DEBRA SUNDERLAND

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Debra is passionate about waking up her audiences and clients with her step-by-step systems, so they release upper limiting beliefs, sabotaging behaviors, and unconscious biases. Her audiences quickly gain a new perspective so they are able to implement innovative action steps to create wanted results. Whether she is speaking to a group of twenty or hundreds, Debra ignites the atmosphere with her engaging energy, authenticity, and proven methods.



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POPULAR PRESENTATIONS

(CUSTOMIZED PROGRAMS AVAILABLE)

END YOUR STRESS NOW: How You Unintentionally Sabotage Your Projects and How to Stop - *Learn Conscious Leadership Tools to Change Your Results*

- Explore your #1 mistake, that most leaders make, that hinders your growth, results, and revenue
- Become aware of your unconscious patterns holding you back by questioning your beliefs
- Strengthen and condition a new resourceful pattern by bringing presence and curiosity into your decision-making
- Gain new perspectives, new decisions, and new results!

CEASE THE STRUGGLE! UNITE YOUR TEAM! How to Use the Enneagram to Grow Your Leadership, Unite Your Team, and Build Your Revenue

- Gain insights into your unique patterns, motivations and interactions that keep you from thriving
- Discover how you can move from judgment and conflict to understanding, compassion and collaboration
- The Powerful Strategies you need to implement to develop a greater capacity for team growth and success

WHY WINNING ALMOST KILLED ME: How I Finally Stopped Thinking I Wasn't Enough and Woke Up to the Power of Being Me

- How to say goodbye to the overachiever in you who can't stop searching for more
- Ways to embrace your discomfort and free yourself from limiting patterns so you can truly love yourself
- Discover the best ways to live your whole YES and purpose-filled life -- in every area

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